

Serious Injury Protocol

ARU Protocol for Serious Injury

In the event of a serious injury to a player's head or neck (ie: suspected spinal injury) or fatality, the following protocol is to be followed:

1. Provide immediate on-field medical care and arrange suitable transportation (ie. ambulance) to the hospital for the injured player.
2. Club representative to phone the ARU Serious Injury Case Manager (SICM) on the ARU Hotline **1800 036 156** in the event of a serious injury (ie: suspected spinal injury or fatality). This number is a call back service and your details will be passed on to the SICM who will call you back ASAP. Please have all details of the incident ready to pass on to the SICM.
3. SICM to establish initial contact with designated hotline caller to ascertain current status.
4. SICM notifies ARU General Manager (GM) of Community Rugby or designate of situation.
5. SICM or GM notifies designated representative responsible for zone/region/state union (eg: New South Wales Country Rugby – Executive Officer).
6. Designated representative responsible for zone/region/state is to establish one point of contact with the club/zone to coordinate situation (eg: President/Executive Officer).
7. SICM or GM to notify ARU Media Manager.
8. SICM, GM and representative responsible for the zone/region/state to establish a process of support as required.

ARU Serious Injury Case Manager

The Australian Rugby Union (ARU) has appointed a Serious Injury Case Manager (SICM), to assist the club in managing traumatic injuries. The SICM is your first point of contact in the event of a serious injury to a player's head or neck (ie: suspected spinal injury) or fatality and will provide a link between the club and the Australian Rugby Union (ARU).

Club/School Responsibilities

1. Provide immediate on-field medical care and arrange suitable transportation (ie. ambulance) to the hospital for the injured player.
2. Phone SICM on the ARU Hotline **1800 036 156** in the event of a serious injury (ie: suspected spinal injury or fatality), who in turn notifies ARU nominee.
3. Phone zone/regional/governing affiliate administration.
4. Accurately record any details and persons associated with the injury.
5. Notify next of kin in the case of a serious injury to a player's head or neck.
6. In the case of a fatality, the Police will notify the next of kin.
7. Monitor players/match officials (referees, touch judges)/club officials (coaches, managers, runners, trainers, physiotherapists etc) for team debrief and/or personal counselling.
8. Complete the Serious Injury Report (on the back of this page) and provide copies **within 48 hours** of the injury occurring to:
 - (1) Australian Rugby Union – Fax **(02) 8005 5681** or Email **communityrugby@rugby.com.au**
 - (2) State Union –

ACT & SNSW Fax (02) 6260 8591	New South Wales Fax (02) 9323 3470	Northern Territory Fax (08) 8945 2060
Queensland Fax (07) 3856 6333	South Australia Fax (08) 8231 8066	Tasmania Fax (03) 6228 0855
Victoria Fax (03) 9221 0789	Western Australia Fax (08) 9387 2804	
9. Complete the ARU Sports Injury Claim Form for all insurance claims. For more information please contact Gow-Gates Insurance Brokers (1800 811 371) or visit www.rugby.com.au/tryrugby

State Union Responsibilities

1. Follow up counselling requirements for the injured player, club personnel, referee and touch judges in conjunction with SICM and GM.
2. In conjunction with club/school officials, zone/regional/governing affiliate administration and ARU, handle all media contact. There should be one point of contact for media releases.
3. State Union representative to attend any inquest/event.
4. Assist (with club) any fund raising activities as required.

ARU Responsibilities

1. Provide support – (logistical and human) to the injured player, family, club, match officials and state union as required.
2. Monitor current and ongoing status of the injured player.
3. Complete analysis report of injury occurrence and record on the ARU Serious Injury Register.
4. Maintain ARU database.

Serious Injury Report

Fax or Email to ARU at (02) 8005 5681 / communityrugby@rugby.com.au and the State Union

A Serious Injury Report must be completed for the following match or training related injuries:

- ANY HEAD OR NECK INJURY THAT RESULTS IN A PLAYER BEING TREATED AT AN EMERGENCY DEPARTMENT, HOSPITAL OR AFTER-HOURS MEDICAL CENTRE, OR
- ANY INJURY THAT RESULTS IN THE ADMISSION OF A PLAYER INTO HOSPITAL.

How to submit this report:

- Accurately record details about the player, their injury, the match and the designated club/school contact below.
- Email or fax **within 48 hours** of the time of incident to both the Australian Rugby Union and the State Union.

PLAYER (PLEASE PRINT CLEARLY)

Name (in full): _____ MRA ID: _____ DOB: / / Age: _____
Address: _____ Phone Number: () _____
Next of Kin: _____ Phone Number: () _____
Club/School: _____ Playing position: _____

INJURY

Date and Time of Injury: / / at : AM / PM Scene of injury: Game Training Other
Site of Injury: Head Neck Back Chest/Trunk Other (specify): _____
Type of Injury: Concussion Fracture Dislocation Serious Joint Other (specify): _____
Phase of Play: Tackle Ruck Maul Scrum Lineout Other (specify): _____
Stage of Game: 1st Qtr 2nd Qtr 3rd Qtr 4th Qtr Was the player wearing headgear? Yes No
Brief description of how the injury occurred: _____

Did the player leave the field? Yes No Did the player return to the field? Yes No
Who provided on-field treatment? Doctor First Aid Team Official Other (specify): _____
Name of treatment provider: _____ Phone Number: () _____
What treatment was provided, if any? _____
How did the player leave the field? Stretcher Ambulance Helicopter Other (specify): _____
What hospital was the player taken to? _____ Phone number: () _____
Who accompanied the player? _____ Phone number: () _____

MATCH

Teams involved in the match: _____ V _____
Competition: _____ State Union: _____ Grade: _____
Referee: _____ Phone number: () _____
Venue Address: _____
Field Condition: _____ Weather condition: _____
How long was the game suspended for? _____ mins Did the game restart? Yes No
Is there video footage of the game? Yes No (If yes, please retain until contacted by the ARU)

CLUB/SCHOOL CONTACT

Name (in full): _____ Position in the club/school: _____
Contact Numbers: Home: () _____ Mobile: () _____ Work: () _____
Signature: _____ Date: / /

State Union Fax Numbers

ACT & Southern NSW Fax (02) 6260 8591
Queensland Fax (07) 3856 6333
Victoria Fax (03) 9221 0789

New South Wales Fax (02) 9323 3470
South Australia Fax (08) 8231 8066
Western Australia Fax (08) 9387 2804

Northern Territory Fax (08) 8945 2060
Tasmania Fax (03) 6228 0855

Note, this report IS NOT an ARU Sports Injury Claim Form. For more information contact Gow Gates 1800 811 371 or visit www.rugby.com.au/tryrugby